

Andrea Jagdt



"I am a holistic dentist in Gau-Odernheim. I combine conventional medical and naturopathic therapies.

I have been practicing Vipassana since 2003.

Since 2010, I have been organizing and hosting lecture evenings with the Venerable Phra Ajarn Ofer and the Venerable Bhikkhuni Silavadhani, as well as regular meditation evenings.

In October 2018, I was authorized as a meditation teacher by the Most Venerable Phra Prom Mongkol Vi (Phra Ajarn Tong Sirimangalo).

I lead regular meditation evenings in Gau-Odernheim as well as in other locations upon request, and once a year I lead a 12- to 14-day Vipassana retreat."