



Spiritual Director
Venerable Bhikkhuni Silavaddhani

Venerable Bhikkhuni Silavaddhani has been engaged with Buddhism since 1997 and has been practicing Vipassana since 2006.

She ordained as aspirant (Maechee) with Most Venerable Phra Ajarn Tong Sirimangalo as preceptor at the beginning of 2010. In June 2012 followed the ordination as novice (Samaneri) in Sri Lanka with Venerable Rahatungoda Saddha Sumana Bhikkhuni as preceptor.

With the permission and support of her teachers and preceptors she received the Higher Ordination as Bhikkhuni in January 2019 with Venerable Rahatungoda Saddha Sumana Bhikkhuni as preceptor (Pavattini) and Most Venerable Waskaduwe Mahindawansa Maha Nayaka Thero as preceptor (Upajjhayo).

Since 2009, she has practiced regularly at Wat Phradhatu Sri Chomtong Voravihara and has been guided by Khun Thanat and Khun Kathryn Chindaporn, as well as trained as a meditation teacher.

Furthermore she has organized meditation courses and lectures with Venerable Phra Ajarn Ofer in Germany, where she assisted the teacher with translations.

In October 2014 she was appointed as a meditation teacher by Most Venerable Phra Prom Mongkol Vi (Venerable Phra Ajarn Tong Sirimangalo). In May 2014 she received the "Benefactor of Buddhism Award" in the province Chiang Mai. In May 2016 she received a special award from Venerable Phra Ajarn Tong Sirimangalo.

She has lived in a Thai temple near Frankfurt am Main from April 2010 till December 2016. In the summer of 2015 she was entrusted by Venerable Phra Ajarn Tong Sirimangalo to establish and lead another Dhamma center in Germany. Since 2018 she lives and teaches in Dhammanikhom in Heinersbrück nearby Cottbus.

Venerable Bhikkhuni Silavaddhani speaks German, English and has basic skills in Thai.